



Support your local bike shop!

This leaflet was distributed by:

Come for a bike ride in the country with the Auckland Cycle Touring Association



- Day rides in or near Auckland every Sunday, Wednesday and Saturday.
- Long weekends away.
- Extended tours.



What

The Auckland Cycle Touring Association (ACTA) is a friendly group which welcomes casual guests and new members.

It is a non-profit, recreational organisation whose main purpose is to provide enjoyable, safe and non-competitive bicycle riding and related social activities for adults and families.

The aim is enjoyment - nobody gets left behind.

Annual membership is only \$20 per person or family, with no other charges for rides.

Who

ACTA members are widely travelled and can provide advice on cycle gear and routes around Auckland, New Zealand, and internationally.

Equipment

Members' bikes include road bikes, mountain bikes, tandems, hybrids, folding bikes and specialised touring bikes. You'll want low gears for the hills.

Bring a puncture repair kit, pump, bottle of water, sun block, lunch and a few dollars for the café stop. (It has been said that ACTA stands for Auckland Coffee and Tea Association.) Remember your helmet, but lycra is optional.

When

On Sundays, rides leave at 9:00 a.m. from various meeting places such as Kumeu, Drury, Albany, Waiuku or anywhere in between. Ranging from about 50km to 100km, rides are usually completed by 4:30 p.m. - with plenty of refreshment breaks. Mostly we ride on sealed roads, but do occasionally get on to some gravel.

On Wednesdays, rides start at Kumeu or Drury.

And on Saturday mornings we have a coffee ride somewhere around town.

There are also occasional weekends away, and a couple of extended tours each year.

How

Rides are posted on ACTA's website www.acta.org.nz.

Choose a ride which suits you and come along for a day out and see if you would like to become a member. Rides lists are mailed to members quarterly, along with the Club's newsletter.

If you do not have internet access phone our Secretary, Annette Collins, on 521 5964 or our Information Officer, Gaye Andrews, on 523 2318 for details of our next few rides.

Wake up and smell the flowers...and the coffee

We know all the best backroad rides and cafés in the Auckland region.

Do you want to...

- Keep fit?
- Meet interesting people?
- Get out of town?
- Visit country cafés?
- Explore the Auckland region?

Then grab your bike and join us for a day ride.

ACTA members receive the quarterly *Spokesman* newsletter and can place themselves on a mailing list to receive overseas cycling magazines on circulation.

Social events include a Christmas function, progressive breakfasts, pot luck dinners and the occasional movie.



New members: Annual fee of \$20 per person or family. There is no charge for rides.

For ride information ring
Gaye Andrews, 523 2318 or
Annette Collins, 521 5964.

Or visit our website at
www.acta.org.nz.

Auckland Cycle Touring Association Membership Application

Name(s).....

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Address.....

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Phone - home.....

- work.....

- mobile.....

email.....

In consideration of acceptance of my (our) application for membership of the Auckland Cycle Touring Association, I (we) hereby waive, discharge, and forever release any rights to claims for damage which I (we) may have or which may accrue to me (us) against the Club, its officers, agents and representatives.

Signature.....

Date.....

If the applicant is under 18, a parent or guardian must also sign.

Please cut off this application form and send it and your cheque for \$20:00, payable to Auckland Cycle Touring Association, to our Secretary, Annette Collins, 20 Bongard Road, Mission Bay, Auckland 1071.

